



Vegan Menu

APPETIZERS

Chips & Guacamole | 16⁹⁵

hand cut tortilla chips, house-made guacamole,
fresh cilantro, salsa roja* **GS**

Bread is Life | 11⁹⁵

French baguette, honey ricotta, soft butter, green chimichurri

Tomato Soup | cup 6⁹⁵ bowl 10⁹⁵

olive oil, fresh parsley

SALADS

Ancient Grains | 20⁹⁵

baby arugula, quinoa, sorghum, millet, artichoke hearts, orange,
heirloom tomatoes, citrus flax pepitas, lemon vinaigrette **GS**

Roasted Vegetable Salad | 22⁹⁵

butternut squash, roasted beets, balsamic, arugula, frisee,
candied pecans, pepitas & maple vinaigrette **GS**

La Flaquita Salad | 21⁹⁵

iceberg, black beans, roasted corn,
fresno peppers, avocado, lemon vinaigrette **GS**

ENTREES

Roasted Grains & Vegetable Bowl | 26⁹⁵

oyster mushrooms, wilted spinach, roasted heirloom carrots
& onions heirloom tomato, caramelized onions, ancient grains **GS**

Roasted Vegetable Crostini | 23⁹⁵

toasted baguette, avocado mousse, roasted heirloom vegetables,
served with a small mixed green salad, lemon vinaigrette

Roasted Mushroom Tacos | 23⁹⁵

roasted cremini & oyster mushrooms, caramelized onions,
black beans, pico de gallo salsa roja, fresh cilantro **GS**

WINE BY THE BOTTLE

Certified Vegan & Organic

LifeVine Chardonnay or
Cabernet Sauvignon, California | 40

GS Indicates gluten sensitive items

* Indicates possibility for cross contamination